

## Child Safe – Part II

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**Prayer** Read Genesis from “Favorite Bible Stories”

**Greetings** Introduce yourself.

I have invited your parents to join us because we don't have very much time together. So you and your parents can continue to talk about your safety after you leave here today.

I have also brought two friends to help me with our class today -- Adam and Eve. Where have we heard about Adam and Eve before? Adam is a boy. How many of you are boys? Eve is a girl. How many of you are girls? How many of you are not sure?

I thought Adam and Eve would be a good reminder for us that each of us is a special creation of God. God loves us and gives us many gifts. But each one of us is a gift from God. Our bodies are gifts from God, so God wants us to take care of and respect our bodies and the bodies of others.

**Say** Last week in your classes you talked about feelings— “Yes” feelings and “No” feelings – feelings we like – who can remember some of the feelings we like? [happy, proud, surprised]and feelings we don't like, -- who can remember feelings we don't like? [sad, angry, confused or scared.]

I think you also talked about touches – touches you like, touches you don't like and unsafe touches. Who can remember some touches that we like? Who can remember some touches that we don't like?

Who remembers the rules about touches that we don't like?

Some parts of your body get touched a lot. People may

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shake your hands, pat you on the head or give you a High Five. Mostly, these are touches we like. Other parts of your body are private and don't get touches so much except if you are sick and go to the doctor.

This is where Adam and Eve are going to help us. The private parts of your body are the parts covered by a bathing suit. No one has the right to touch you there except maybe in a doctor's office or when your parents are giving you a bath

If a doctor examines you, does he ask you to keep it a secret? Of course not! No one should ever ask you to keep a touch a secret. If anyone does touch your private parts and asks you to keep it a secret, what can you do?

First, remember that it is never your fault. No one should ask you to keep a touch a secret. You can use your Stay Safe Rules.

Also remember, our bodies are a gift from God. God is present in each one of us, so our bodies are sacred or holy.

### **Secrets**

So let's talk about Secrets – Good Secrets and Bad Secrets and how you can tell the difference.

Does anybody know what a good secret might be.

A good secret is something you feel good about. What if your grandfather bought a present for your dad's birthday, but he will only show it to you if you promise to keep it a secret. Is that a good secret?

Yes, because it is a surprise and you don't tell because it would ruin the surprise for your dad's birthday. Good secrets are not secrets forever. They are surprises. Good

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secrets give us a “Yes” feeling.

**IF TIME . . .** Ask the children to tell a time when they had to keep a good secret.

**Bad Secrets** Some secrets are bad secrets.

If someone teases you or pushes you at the bus stop and tells you to keep it a secret, what should you do? Is this a good secret or a bad secret? Who could you tell?

It isn't your secret. It's their secret. They are the ones doing something wrong. You don't have to keep a bad secret. Always tell an adult that you trust, and keep telling until someone helps you.

**Bribes and Threats** Sometimes a person will offer you a treat to keep a bad secret—like money or a new pair of sneakers. What should you do? The only secrets to keep are good secrets. When someone offers you a bribe, you know right away that this is a bad secret and you should definitely tell someone.

Sometimes a person will ask you to keep a bad secret and warn you that you will get into trouble if you tell? Remember you never have to keep a bad secret, and that “No” feeling that you are getting means that you should tell.

There is another reason why telling about a problem can be hard. Sometimes you might not want to tell on someone you like. You don't want to get anyone in trouble. Remember the most important thing is for you to be safe. You should always tell.

Who are the people you could tell if you don't feel safe?

**HOMEWORK** When you get home today, you and your Mom or Dad

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can make a list of adults you could talk to besides them. There might be a time when your Mom and Dad are not around. You need to know who else you can trust.

### **Strangers**

Now we are going to talk about strangers. Who are strangers?

A stranger is anyone you don't know. Are strangers scary bad people? No, most strangers are very nice people.

Can you tell by looking at someone if they are nice or not nice? No, you can't.

Do you think you should be afraid of strangers? No, strangers are all around us. But there are rules that can help you to be safe when you are in situation where you have to take care of yourself.

If someone came up to you on a playground and asked you to go with them to help find their puppy, should you help them? Never go anywhere with someone you don't know.

What if someone offered you some money to help find their puppy? Never take anything from someone you don't know.

What if someone who you think you might know offers you a ride home. Should you get in the car with that person? NO! In fact you should never go anywhere with anyone, unless your parents know and say it is okay.

**Always ask your parents first!**

**HOMEWORK** When you get home, you can practice these rules with your parents. They can pretend to be a stranger and you can show them what you would say.

**REVIEW** So let's review our Personal Safety Rules.

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### **CLOSING**

Remember, God loves us and wants us to be safe. We are precious to God. Always remember the safety rules that we learned so that you can be safe.

Moms and Dads, the handout packets for you to take home for your children are on the tables behind you.

Let's all stand, raise our hands to God and say the Lord's Prayer together.